

Lunch Menu

Fall River Espirto Santo

September
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2



3 Soft Tacos 🌮
Confetti Black Bean Salad
Sweet Corn
Fresh Orange
Pineapple Cup

4 Incredibowls General Tso's Chicken 🌶️
Sliced Peaches
Apple Slices
Baby Carrots

5 Barbecue Rib Sandwich P
Mashed Potatoes
Cucumber Coins
Sliced Peaches
Sliced Oranges

6 Cheese Pizza 🍕
With Garden Salad
Broccoli Bites
Diced Peaches
Fresh Banana

9 Fluffy Whole Grain Pancakes 🌿
Sausage Patty
Crispy Potato Puffs
Celery
Organic Applesauce
Sliced Oranges

10 Nachos Grande 🌮
Mild Salsa
Sweet Corn
Broccoli Florets
Pineapple Cup
Fresh Apple

11 Beef Hot Dog on Bun
Oven Baked Fries
Baked Beans
Diced Pear Cup
Sliced Oranges

12 Homemade Mac & Cheese 🌿
Green Beans
Baby Carrots
Apple Slices
Pineapple Cup

13 Cheese Pizza 🍕
With Garden Salad
Broccoli Bites
Diced Peaches
Fresh Banana

16 Belgian Waffle Bites
Sausage Patty
Crispy Potato Puffs
Cucumber Coins
Diced Pear Cup
Sliced Oranges

17 Crispy Chicken Sandwich
Sweet Potato Fries
Celery
Apple Slices
Sliced Peaches

18 Cheeseburger
Oven Baked Fries
Baby Carrots
Sliced Peaches
Fresh Banana

19 Homemade Pasta & Meatballs 🌮
Green Beans
Cucumber Coins
Apple Slices
Diced Pear Cup

20 Cheese Pizza 🍕
With Garden Salad
Chickpea Salad
Mixed Fruit
Sliced Oranges

23 Cinnamon French Toast 🌿
Sausage Patty
Crispy Potato Puffs
Baby Carrots
Sliced Oranges

24 Chicken Nuggets
Pasta with Butter
Steamed Carrots
Broccoli Bites
Pineapple
Organic Applesauce

25 Chicken Bowl with Gravy
Whole Wheat Dinner Roll
Chickpea Salad
Mixed Fruit
Fresh Red Delicious Apple

26 Pasta with Meat Sauce 🌮
Green Beans
Baby Carrots
Diced Peaches
Fresh Banana

27 Cheese Pizza 🍕
With Garden Salad
Fresh Banana
Broccoli Bites
Sliced Oranges

30 Mozzarella Sticks 🌿
Steamed Peas
Baby Carrots
Mixed Fruit
Fresh Red Delicious Apple

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions Regarding The Menu
Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

Deli Sandwiches

Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Ham & cheese Thurs: Turkey & Cheese, Fri: Tuna

Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted Fruit Vegetables, Fat free Chocolate & 1% White

